

AFib medication list

Keep an updated copy of this list in your purse or wallet.

Drug type	Medication name	Reason for taking it	Dose (amount), this may change over time	How often (for example 1 or 2 a day)	Time of day to take it and how (with or without food)	What to do if I miss a dose	Side effects to watch for, report
Blood thinner (anticoagulant, such as warfarin, apixaban, rivaroxaban)							
For heart rate control Beta blocker (metoprolol, carvedilol) Calcium channel blocker (verapamil, diltiazem) Digoxin							
For heart rhythm control (for example, amiodarone, sotalol, flecainide, dofetilide)							

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Other heart medicines you take (for example, ACE-inhibitor, ARBs)							
Other prescription medications, over-the-counter drugs or supplements							



Medication reminders

- Medication should always be coupled with healthy lifestyle choices.
- Make sure you understand why each medicine is recommended. Always take your medications as directed.
- You may start taking a medication at a low dose (amount). Your clinician will gradually increase the dose based on how you are doing.
- Be sure to review all of the medications you take, including for other conditions. Ask if there are medications, including supplements and those available over-the-counter, that you should avoid.
- Let your care team know if you have any issues with your medications - for example, remembering to take them, concerns about side effects/how they make you feel, difficulty paying for them, and/or not understanding why certain medications are needed.
- Never double up on blood thinners if you miss a dose. Talk with your care team and have a plan.